



Interview

High School One Health Master

Ms. Saya TANAKA

How You Can Take the First Step for One Health

Q1. How did you first learn about One Health?

I first learned about it when I came across a newspaper article about “One Health International Forum in Fukuoka 2022+FAVA,” where actor Shinobu Sakagami made an appearance.

Q2. Why did you decide to become a One Health Master?

I participated in the “One Health International Forum in Fukuoka 2022+FAVA” and became very interested in the concept of One Health. After that I found an announcement for the “One Health Master Recruitment” on Fukuoka Prefecture's official website. I learned that even junior high school students like me could apply, so I decided to take on the challenge. I have a dream of becoming a veterinarian in the future, and I thought this would be a great opportunity to learn many things that could help me in my future career. Plus, I felt that it would not only deepen my knowledge but also serve as a valuable learning experience about society, which motivated me to apply.

【What is One Health Master...?】

Someone who can teach the fundamentals of One Health, including its philosophy, history, and current issues, as well as practical efforts, and actively promotes awareness of activities about One Health.

Q3. Why did you decide to give a lecture and play card games for junior high school students this time?

I believe that age doesn't matter when it comes to learning about and practicing One Health. That's why I felt it was important for children to understand its significance from an early age, and I gave a lecture and facilitated card games activity.

It is our generation that will shape the future.

I would be especially happy if more elementary, junior high, and high school students could learn about One Health and put it into practice.

Q4. What does One Health mean to Ms. Saya Tanaka?

To me, One Health means that each person has the power to make the world a better place by putting health at the center of their actions.

Q5. A final message about One Health

One Health is an important concept that everyone living on this planet should know. It doesn't matter how old you are, whether you have a disability, or what your strengths and weaknesses may be.

I hope you will first find a form of One Health that connects with your interests or dreams. From there, let's take small steps to do what we can—for people around the world and for our planet.